

The Jam Hops Booster Club cordially invites all boys USAG team, levels 4-10, to attend.....

Our 5th Annual Ironman Invitational
January 7th and 8th, 2017

Mounds View Community Center
5394 Edgewood Drive
Mounds View, MN 55112

Meet Details.....

Host Hotel: The host hotel for the Ironman Invitational is the Homewood Suites By Hilton located just minutes from the meet site in New Brighton, MN. Homewood Suites is offering king suites at \$105+tax/night. They are a newer all suites hotel – opened in 2010. In each room you will find a kitchen with all the comforts of home including: a full size fridge and freezer, two burner stove top, microwave, dishwasher, disposal, pots and pans, dishes are all in the room. They offer a complimentary hot breakfast each and every morning, and Monday-Thursday night they offer a Evening Social including beer and wine. For fun and relaxation they have an Indoor Pool and Hot Tub, a Fitness Center that is open 24 hours with state of the art Precor equipment, and their Business Center is always open so you can always keep in touch with family and friends no matter where they may live. It is all inclusive so there are no hidden costs. There will be a block of rooms for the Ironman Invitational participants. Please be sure to mention the Ironman Invitational block when registering. **Reservations must be made by 12/1/2016 to receive this block offer.** Check-in time is 3pm and check-out time is 12pm.

Homewood Suites, by Hilton
1815 Old Highway 8 NW
New Brighton, MN 55112
651-631-8002

USAG Sanction: The Ironman Invitational is a USA Gymnastics sanctioned event. All participants must have a valid USA Gymnastics membership.

Equipment: All equipment for this event is owned by NSGEL, Inc., which is used for many of the largest meets in the 5 state area.

Refunds: We will refund 100% for gymnast injuries until 12/15/16 with written notice and doctor documentation. We will refund 50% for all other reasons until 12/15/16 with written notice. Please email refund requests to our meet director at tommy.heinze@icloud.com.

USA Gymnastics Member: You must have current USA Gymnastics member number when entering. Please have your club athlete numbers and your coaches pro numbers from the USA Gymnastics web site printed out with you for verification.

Awards: Awards will be given for each event, all-around & team. The Ironman Invitational guidelines for awards are given as follows:

**All level 4 gymnasts will receive a participation medal. Individual awards will be broken down on each event by age group and all-around. The awards ceremony will be separated into Division 1 & Division 2. We will be awarding the top 40% in each division.

**All level 5-7 gymnasts will receive awards by age group and all-around. The awards ceremony will be separated into Division 1 & Division 2. We will be awarding the top 40% in each division.

**All level 8-10 Junior Olympic gymnasts will receive awards by age group and all-around. We will be awarding the top 40% in each age group.

**All 12-14 yr. old & 15-18 yr. old - Junior Development gymnasts will receive awards by age group and all-around. There are only two age groups awarded (12-14yr. olds & 15-18yr. olds). We will be awarding the top 40% in each age group.

**Team awards are totaled by the sum of the top 3 scores from each event for the following teams. Level 4-7 (Division 1 & 2 will be combined for the team score), Junior Development (2 Team awards given (*dependent on number of gymnasts entered, may combine*) by age group 12-14 & 15-18,) & level 8-10 Junior Olympians (by level).

Hospitality: Coaches and judges will be served a variety of foods during the meet.

Meet Format: All levels will be Modified Capitol Cup

Saturday: Session 1 – Level 4
Session 2 – Level 6-7
Session 3 – Level 4

Sunday: Session 4 – Level 5
Session 5 – Level 8-10
Session 3 – Level 5

The final meet schedule will be posted on the Jam Hops website by 12/15/16 under “Hosted Meets” at www.jamhops.com It will also be sent ASAP to the State Chairman for the clubs registered.

Entry Deadline: Official entry deadline is **Monday, December 5th, 2016**. All late entries must be approved by the meet director and will incur a \$50 late fee per club.

Admission Fee's:

Adults (13+) - \$8/single day, \$14/weekend pass
Children (Ages 4-12) - \$6/single day, \$10/weekend pass
Children (Ages 3 and under) - free

Meet Apparel: Meet Apparel will be sold as pre order only. Apparel orders will be online only through our supplier, Ideal Advertising. The link to order is <http://www.shop.idealad.net/category.sc?categoryId=111> Please forward the link to your families if they wish to order any apparel for themselves. The apparel order deadline is **Thursday, December 15th, 2016**.

Parking: There is free event parking adjacent to the facility with overflow parking in the city hall parking lot across the street.

****NEW Registration Process**

The Ironman invitational is going 100% online registration this year. We will not be accepting registrations in paper form. With the changes in the USA program (Ex: Division 1 & 2), we feel this process would be much easier if done online by the clubs registering. If you have not registered online, you will see that it's very easy and takes no time at all.

Instructions to register online

Step 1: Club administrators log on to the USA Gymnastics website and click on Member Services

Step 2: Click on Club Administration link located on the left hand side

Step 3: From the drop down menu select Meet Reservation

Step 4: Click Search For Meet button

Step 5: Select the discipline, state to pull a list of available sanctions to enter

Step 6: Once list appears, you will click on the select link next to the event you wish to enter

Step 7: Complete the information requested on the right hand side of screen

- Club Abbreviation-enter in the name of your team
- Club Contact/Email/Phone.-provide the name, email and phone of an individual that the meet director may contact with meet specific details. The meet contact must be listed as a club administrator with your club. Click here for instruction on how to add a club administrator.
- Meet Contact/Email/Phone-provide the name, email and phone number of the professional member ie, coach, that will be responsible for the athletes while participating in the competition The meet contact must be a current professional member affiliated with your club.

Step 8: Proceed to select the athlete and coaches that you wish to reserve a spot in the meet

Step 9: Once you have made your selection you will then hit the submit button, review your submission, and hit submit again to finalize the reservation once the final reservation has been submitted confirmation will be emailed to the club contact, meet contact and the meet director of the event.

Please note, Meet Reservation does not guarantee entry into the sanctioned competition. You would need to contact the meet director directly in order to submit competition entry fees.

**Thank you for your time and attention to the information in this invitation.
We look forward to seeing you in January! ~ The Jam Hops Booster Club**

Totals Form

Your registration is not complete until payment has been received. Please total all gymnasts and team awards. Add the grand total and send this form and check to the address below:

Ironman Invitational
 c/o Stacey Clayson
 2012 118th Lane NE
 Blaine, MN 55449

Men's Level	Number of Gymnasts	Fee	Amount
Level 4-Division 1		\$80/gymnast	\$
Level 4-Division 2		\$80/gymnast	\$
Level 5-Division 1		\$85/gymnast	\$
Level 5-Division 2		\$85/gymnast	\$
Level 6-Division 1		\$85/gymnast	\$
Level 6-Division 2		\$85/gymnast	\$
Level 7-Division 1		\$85/gymnast	\$
Level 7-Division 2		\$85/gymnast	\$
Junior Development (12-14 yr. old)		\$85/gymnast	\$
Junior Development (15-18 yr. old)		\$85/gymnast	\$
Level 8 (Junior Olympic)		\$90/gymnast	\$
Level 9 (Junior Olympic)		\$90/gymnast	\$
Level 10 (Junior Olympic)		\$90/gymnast	\$
Team Entry - Level 4		\$75/team	\$
Team Entry - Level 5		\$75/team	\$
Team Entry - Level 6		\$75/team	\$
Team Entry - Level 7		\$75/team	\$
Team Entry - Level 8		\$75/team	\$
Team Entry - Level 9		\$75/team	\$
Team Entry - Level 10		\$75/team	\$
Team Entry - Junior Development (12-14 yr. old)		\$75/team	\$
Team Entry - Junior Development (15-18 yr. old)		\$75/team	\$
Subtotal of Fees			\$
Entries Postmarked after December 5th, 2016		\$50/entry	\$
Please add late fee of:			
Grand Total Fees Due			\$