



Minnesota Men's Gymnastics State Championships 2016

DATE: March 19-20, 2016

MEET LOCATION: Wayzata Central Middle School
305 Vicksburg Lane North, Plymouth, MN 55447

ADMISSIONS: Adults- \$8 Child/Senior- \$5
PROGRAMS: \$5

MEET ADVERTISING/GOOD LUCK: Available in black and white in program.
\$25 for half page and \$50 for whole page. Additional info to follow

HOST HOTEL: Marriot Residence Inn
2750 Annapolis Circle North, Plymouth, MN 55441
Queen bed, pull-out Queen sofa, and kitchen

APPAREL: Sportswear Designs will be selling merchandise on site for
customization and purchase

****Great Food, Free Parking, Candy Grams, Song Grams****

Meet Host: MHG Booster Club **Meet Director:** Jeanna Letzring
2600 Campus Drive
Plymouth, MN 55441
952.933.2452

Jeanna.letzring@mini-hops.com

www.mini-hops.com

FINAL SCHEDULE

SATURDAY, MARCH 19th :

Session 1: Level 7 & 8- Modified Capital Cup

Doors Open/Stretch- 8:00

March in/Competition- 8:20

Awards- 11:00

Session 2: Level 9 & 10- Modified Capital Cup

Doors Open/Stretch- 11:45

March in/Competition- 12:05

Awards- 3:15

Session 3: Level 4-Traditional

Doors Open/Stretch- 4:30

Timed Warm ups- 4:50

March in/Competition- 5:50

Awards- 7:15

SUNDAY, MARCH 20th:

Session 4: Level 6/Technical Sequences- Traditional

Doors Open/Stretch- 9:00

Timed Warm ups-9:20

March in/Competition- 10:15

Awards- 12:15

****State Meeting- 1 coach per gym must be in attendance****

Session 5: Level 5- Traditional

Doors Open/Stretch- 2:00

Timed Warm ups:- 2:20

March in/Competition- 3:50

Awards- 6:20