



USA GYMNASTICS®

Minnesota

Minnesota Men's Gymnastics State Championships 2016

DATE: March 19-20, 2016

MEET LOCATION: Wayzata Central Middle School
305 Vicksburg Lane North, Plymouth, MN 55447

ADMISSIONS: Adults- \$8 Child/Senior- \$5
PROGRAMS: \$5

MEET ADVERTISING/GOOD LUCK: Available in black and white in program.
\$25 for half page and \$50 for whole page. Additional info to follow

HOST HOTEL: Marriot Residence Inn
2750 Annapolis Circle North, Plymouth, MN 55441
\$99/night

Queen bed, pull-out Queen sofa, and kitchen

EQUIPMENT: NSGEL will provide all the equipment and provide on site supervision and maintenance

APPAREL: Sportswear Designs will be selling merchandise on site for customization and purchase

AWARDS: Will exceed USAG guidelines

FORMAT: Compulsory sessions will be Traditional and Optional sessions will be Modified Capital Cup

COACHES PARTY: Held Saturday night after competition

Great Food, Free Parking, Candy Grams, Song Grams

ENTRY FEES: Level 4: \$80

Level 5-7: \$90

Level 8-10: \$100

Elite: \$115

Team: \$75

ENTRY DUE DATE: February 1st, 2016

REGISTRATION: submit entries online on usagym.org and mail a hardcopy along with your payment. Checks payable to MHG Booster Club.

All entries postmarked after February 1st will have a \$50 late fee

REFUNDS: We will refund for injuries up to 3.11.16

USAG: All gymnasts must be registered with USAG and all coaches out on the competition floor must be up to date on their USAG professional membership, safety certification, Background Check, and U100 course. Failure to do so will result in ineligibility.

TENTATIVE SCHEDULE

SATURDAY, MARCH 19th :

Session 1: Level 6, Technical Sequences

Session 2: Level 4 (State Meeting After)

Session 3: Level 5

SUNDAY, MARCH 20th:

Session 1: Level 7-8

Session 2: Level 9-10

Meet Host: MHG Booster Club **Meet Director:** Jeanna Letzring

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Plymouth, MN 55441

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